

HOLISTIC CLINICAL APPROACHES GRAPH PROTOCOLS

Digestion & Absorption (Graph Section 1A)

- BioPan™, UltraGest™, or VegiZyme™
- Panzyme
- BioLiv™
- Protocols to Consider: *H.E.L.P Program, Leaky Gut Syndrome, Gall Bladder Disease, Heartburn Protocol, Ulcer, Constipation*

Dysbiosis / Inflammation / Integrity (Graph Section 1B)

- ParaBiotic Plus™
- Dysbioplex FNG™
- Intestinal Repair Complex™
- Gastric Repair Complex™
- Oregano Oil
- Protocols to Consider: *H.E.L.P. Program, Inflammatory Bowel Disease, Leaky Gut Syndrome, Irritable Bowel Disease, Small Bowel Pathogenic Anaerobe Infection Overgrowth, Candida Albicans / Candidiasis, Diarrhea*

Foundational Nutrition / Cellular Health (Graph Section 1C)

- BioVitae
- EPA/DHA™
- MetabolX™
- UltraMins
- OxyATP™
- Ultra Co Q10™
- OsteoGenesis™/OsteoGenesis ES™
- UltraB Complex™
- UltraGenesis™
- Flax Seed Oil
- Protocols to Consider: *Foundational Nutrition for Optimum Health, Antioxidant Support*

Liver / Gallbladder (Graph Section 2A)

- BioLiv™
- BioPan™, UltraGest™, or VegiZyme™
- BioCleanse™ Powder
- BioCleanse™ Caps
- BioLipotrol™
- BioPotent C™

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Oxidative Stress/Bioenergetics (Graph Section 2B)

- Alpha R-Lipoic Acid
- BioLiv™
- Ultra Co Q10™
- BioPotent C™
- OxyATP™
- Protocol to Consider: *Foundational Nutrition for Optimum Health Protocol*

Parasympathetic Dominance (Graph Section 3A)

- UltraMins
- Ultra B Complex™
- BioVitae
- BioThyro™

Sympathetic Dominance (Graph Section 3B)

- UltraMins
- BioLiv™
- StressX
- Ultra B Complex™
- BioAdaptogen™
- BioAlkalizer™
- GlucoTone™
- AdrenalHS-SOD
- Protocol to Consider: *Heavy Metal*

Neurotransmitter / Mentation (Graph Section 3C)

- StressX
- Inositol
- EPH/DHA
- 5HTP
- Gingko
- UltraB Complex™
- Tri-Zinc™
- Protocols to Consider: *Depression, Anxiety, Tardive Dyskinesia, Autism, Dementia*

Myelogenesis (Graph Section 3D)

- EPA/DHA™
- Vitamin E™ (Mixed Tocopherol)
- Inositol / Ultra B Complex™
- UltraHematinic
- Protocols to Consider: *Multiple Sclerosis, Neuralgia / Neuropathy, Neurological Disease*

Mood (Graph Section 3E)

- StressX
- Inositol
- Tri-Zinc
- BioVitae
- BioFocus™
- Ginkgo
- Lipopure Melatonin™
- Tri-Zinc™
- Protocols to Consider: Learning Disabilities, Schizophrenia, Depression, Bipolarism, Eating Disorders

Thyroid Insufficiency (Graph Section 4A)

- MetabolStim
- Thyrotrophic
- BioThyro™
- Alpha R-Lipoic Acid
- Tri-Zinc
- Protocol to Consider: Hypothyroidism protocol

Thyroid Excess (Graph Section 4B)

- Follow H.E.L.P Program
- BioThyro™
- Protocol to Consider: Hyperthyroidism protocol, Celiac Disease

Adrenal/Melatonin Insufficiency (Graph Section 4C)

- BioAdaptogen™
- BioAdreno™
- Adrenal Support Plus™
- Melatonin Liposomal Spray™
- Ginseng

Adrenal / Melatonin Excess (Graph Section 4D)

- Cardio HTN
- GlucoStat
- GlucoTone™
- Tri-Magnesium™
- UltraB Complex™

Progesterone Insufficiency (Graph Section 4E)

- LipoPure Progesterone™
- BioFem PMS™
- Protocol to Consider: PMS

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Progesterone Excess (Graph Section 4F)

- BioFem PMS™
- Protocol to Consider: PMS

Testosterone Insufficiency (Graph Section 4G)

- BioFem PMS™
- BioAdreno

Testosterone Excess (Graph Section 4H)

- BioAdaptogen™
- MetabolX™

Estrogen Insufficiency (Graph Section 4I)

- Rejuvenate (Estriol Cream) – Dermal affects only
- BioIsoflavone™
- BioFem HRT™
- Protocols to Consider: Menopause, PMS

Estrogen Excess (Graph Section 4J)

- BioCleanse™ Caps/Powder
- DIM Pro Plus™
- Lipopure Progesterone™
- EPA/DHA, and, or Flax Seed Oil
- Protocols to Consider: PMS

DHEA Insufficiency (Graph Section 4K)

- BioAdreno™
- Protocols to Consider: Menopause, Fatigue / Exhaustion Protocol

DHEA Excess (Graph Section 4L)

- BioAdaptogen™
- MetabolX™
- AdrenalHS-SOD

Growth Hormone Deficiency (Graph Section 4M)

- Bio HGH Release
- Protocols to Consider: Chronic Fatigue Syndrome

Growth Hormone Excess (Graph Section 4N)

- BioAdaptogen™
- MetabolX™

Dysglycemia & Body Comp. (Graph Section 4O)

- Diabetone™
- MetabolX™
- Super CLA™
- Glucotone™
- Glucostat

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HOLISTIC CLINICAL APPROACHES GRAPH PROTOCOLS

- GTF Chromium
- Ultra Lean Body Composition Food™
- Ultra Lean Body Composition Capsules™
- Protocols to Consider: Diabetes, Weight Management

Prostate (Graph Section 5A)

- BioProstate™
- Tri-Zinc™
- EPA/DHA™
- Protocol to Consider: Benign Prostate Hyperplasia

Breast/ Uterus/ Cervix/ Vagina (Graph Section 5B)

- Oxy ATP™
- BioInflammatory™ Caps
- DIM Pro Plus™
- Pro Flora Plus™ (vaginal suppository) – See Condition Management Guide, Vaginosis Protocol
- Correlate with hormonal findings and support accordingly
- Protocols to Consider for Breast: Consider Breast Cancer Prevention, Fibrocystic Breast Disease, Galactorrhea Protocols
- Protocols to Consider for Vagina: Dysmenorrhoea Protocol, Dysfunctional Uterine Bleeding Protocol

Fertility / Libido (Graph Section 5C)

- Lipopure Progesterone™
- Adreno Support Plus
- Vitamin E™ (Mixed Tocopherol)
- Tri Zinc™
- MetabolX™

Food Intolerance / Allergies (Graph Section 6A)

- Follow H.E.L.P. Protocol
- Intestinal Repair Complex™ (Caps/Powder)
- Vegizyme™
- L-Glutamine™
- ProFlora Plus™
- ImmunoGalactans
- BioFocus™
- Gastric Repair Complex™
- Protocols to Consider: Celiac Disease

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Immune Imbalance (Graph Section 6B)

- Immune Balancing Complex™
- MycoPotent Immune™
- ImmunoGalactans
- BioAdaptogen™
- SelenoExcell
- Protocols to Consider: Immune Support (Comprehensive), Lupus, Autoimmune Disease (General)

Connective Tissue Integrity (Graph Section 7A)

- Pain X™
- ArthroGenX™
- BioPotent C™
- Gingko Biloba

Joint / Articulation Integrity (Graph Section 7B)

- ArthroGenX™
- Biogenesis Glucosamine Sulfate™
- Pain X™
- Arthroxin (Topical cream)
- Protocols to Consider: Gout, Osteoarthritis / Degenerative Joint Disease, Pain and Inflammation, Psoriatic Arthritis, Rheumatoid Arthritis, Ankylosing Spondylitis, Bone Spur, DISH

Bone Integrity (Graph Section 7C)

- Osteogenesis™ or Osteogenesis ES™
- Ca/Mg 2:1
- Vitamin D
- Protocol to Consider: Health Bones Protocol

Bio-Inflammatory Imbalance (Graph Section 7D)

- Bioinflammatory™ Capsules
- Bioinflammatory™ Powder
- EPA/DHA™, and, or Flax Seed Oil
- Pain X™
- Arthroxin (Topical cream)

Muscle / Muscle Tone (Graph Section 7E)

- Super FMS™
- Super CLA™
- Tri-Magnesium™
- Ca/Mg 2:1
- UltraPure™ Whey Protein

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HOLISTIC CLINICAL APPROACHES GRAPH PROTOCOLS

- UltraMuscle Eze™
- Pain X™
- Protocols to Consider: Fibromyalgia Syndrome, Leg Cramps, Sports Medicine, Sprain, Strain, Bursitis, Carpal Tunnel Syndrome

Skin, Hair and Nails (Graph Section 7F)

- UltraGenesis™
- Panzyme
- EPA/DHA™
- UltraHematinic™ (if anemic)
- Protocols to Consider: Eczema, Seborrheic Dermatitis

Lipid Metabolism (Graph Section 8A)

- BioLipotrol™
- UltraCoQ10™
- EPA/DHA™

Cardiodynamics (Heart) (Graph Section 8B)

- Ultra Cardio
- EPA/DHA™
- Cardio HTN
- Flax Seed Oil
- Garlic 7000™
- OxyATP™
- UltraB Complex™
- UltraCoQ10™
- Vitamin E™ (Mixed Tocopherol)
- Ginkgo Biloba
- Protocols to Consider: Hyperlipidemia, Intermittent Claudication, Mitral Valve Prolapse, Athero- arterio- sclerosis, and, or CardioVascular Disease, Varicose Veins, Angina, Cardiac Arrhythmia, Cariomyopathy, Congestive Heart Failure

Respiratory / Lungs (Graph Section 8C)

- Mycopotent Immune Complex™
- Tri-Magnesium™
- Lipopure B12/Folate™
- Consider Asthma Protocol

Ear Health (Graph Section 9A)

- Consider Earache Protocol™
- R Lipoic Acid
- Xylitol (gum/mints)

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Eye Health (Graph Section 9B)

- OxyATP™
- PhytoImmune™
- EPA/DHA™
- BioPotent C™
- Ultra CoQ10™
- Protocols to Consider: Cataract & Ocular Disorders, Conjunctivitis

Nose / Sinus / Throat (Graph Section 9C)

- BioAllergy™
- BioPotent C™
- ProFlora Plus™ (Nasal Rinse: Mix 1 open capsule of ProFlora in 1 pint of pure water (not tap water) and put in squeeze bottle. Squeeze 1-3 ounces in each nostril.)
- Oregano Oil

Kidney / Renal (Graph Section 10A)

- UltraB Complex™
- Tri-Magnesium™ (Ca oxalate kidney stones) Contraindicated in renal insufficiency
- UTI Plus
- Protocols to Consider: Kidney Stones, Dehydration

Urinary / Bladder (Graph Section 10B)

- UTIPlus™
- Protocol to Consider: Urinary Tract Infection